

**DRAFT**  
**CITY OF DELTONA, FLORIDA**  
**PARKS & RECREATION**  
**SENIOR ADVISORY SUB-COMMITTEE MEETING**  
**SATURDAY, FEBRUARY 14, 2009**

A Regular Meeting of the Senior Advisory Sub-Committee was held on Saturday, February 14, 2009 at the Deltona Community Center, 980 Lakeshore Drive, Deltona, Florida.

**1. CALL TO ORDER:**

Eileen Gallagher, Chairperson, called the meeting to order at 10:00 a.m.

**2. ROLL CALL:**

Senior Sub-Committee Chairperson	Eileen Gallagher	Present
Senior Sub-Committee Vice Chairperson	Bernice Ludvick	Absent
Senior Sub-Committee Member	Carl Bianchi	Present
Senior Sub-Committee Member	Zoe Clement	Excused
Senior Sub-Committee Member	Bob Griffith	Present
Senior Sub-Committee Member	Elizabeth Griffith	Present
Senior Sub-Committee Member	Karoline Knezevich	Absent
Senior Sub-Committee Member	Jean Lade	Present
Senior Sub-Committee Member	John Pierce	Present
Senior Sub-Committee Member	Mary Micelli	Present

Also present: Steve Moore, Director for Parks and Recreation, Karl Grebosz, Facility Coordinator and Marlene Brown, Administrative Assistant.

**3. SILENT INVOCATION:**

The Chairperson asked for a moment of silent invocation.

**4. a. APPROVAL OF MINUTES:**

There were some corrections to the Minutes of January 10, 2009.

On Page 2, the paragraph beginning on Line 23 has some corrections. Change “Mr. Manassa” to “he and Carl” and on line 24 add “Miss Johnson” after the words “agricultural person”. Change sentence around to read as follows: “Mr. Pierce indicated that **he and Carl** had already made contact with Pine Ridge High School’s agricultural person, **Miss Johnson, who would make this a class project and provide the** manpower needed to help with the garden project”. On line 27, same paragraph, change the word “suggested” to “reiterated”. Sentence begins “Ms. Knezevich **reiterated** that they have .....”.

**Motion by John Pierce, seconded by Bob Griffith to accept the Minutes of January 10, 2009 with the corrections as noted. The motion was unanimously approved.**

1           **b. ADDITIONS OR DELETION TO AGENDA:**

2  
3           None

4  
5           **5. ANNOUNCEMENTS:**

6  
7           The following announcements/flyers were given to the members: Thank you letter from  
8 the Youth Advisory Sub Committee for their \$10.00 contribution towards their bench purchase,  
9 the Adult Dance on February 21st, the Strawberry Festival outing on March 5th, the 2009 Parks  
10 Special Event Calendar, the Sunshine Dance Club schedule for February, the Adopt A Bench  
11 website announcement, the Ability Fair on March 14th, the Wags and Whiskers Pet Festival on  
12 March 7th, the Public Market which will begin on May 2nd, the Skateboard Competition on  
13 March 29th, the Golf Program Spring Session, Volunteers Needed and Black History Month.

14  
15           The committee members commented on the announcements as they were going through  
16 them. With regard to the Adopt-A-Bench slide that is broadcast on the City's website, the  
17 members thought it would be a good idea for it to state that it could also be purchased as a  
18 memorial bench.

19  
20           Mr. Moore announced that the City is getting ready to do a brick program. He said the  
21 Parks and Recreation Department would purchase the bricks and individuals could buy them for  
22 placement in front of the benches.

23  
24           Vice Mayor Carmolingo arrived and was welcomed by the Chairperson, Eileen Gallagher  
25 (10:20 a.m.)

26  
27           Mr. Moore briefed the committee on the public market that should be coming to the City  
28 Hall parking lot area in May 2009. He explained that this was approved by the City Commission  
29 and the City Hall location was the best choice as it was wheelchair accessible with public  
30 restrooms.

31  
32           Mr. Moore explained that for the Little Linksters Golf Program, the kids would be using  
33 tennis balls and not golf balls.

34  
35           The committee observed that there's a lot going on in the community.

36  
37           **6. CITIZEN COMMENTS:**

38  
39           Ms. Gretel McNaney introduced herself to the committee and told of her interest in  
40 getting involved with this board on the community garden project and volunteering for some  
41 other projects in the City. The Senior Advisory Committee welcomed her to the meeting.

42  
43           **7. OLD BUSINESS:**

44  
45           **a. Community Garden Project Update:**

46

1 Mr. Moore said he is ready to get started and will have his staff from turf come over once  
2 he has scheduled their time to add the lines off the sprinkler system. He told the committee  
3 members that he has already secured the railroad ties and said he got some saplings from the  
4 West Volusia Trees and Conservation group. He thought it would be a good idea to make a tree  
5 area and place some benches around that area which would create an atmosphere and also give  
6 people an opportunity to watch the trees and plants grow.

7  
8 Mr. Pierce wanted to know if it would be a Monday to Friday project or a Saturday  
9 project. Mr. Moore responded that it would depend on what the Parks and Recreation  
10 Department has going on. He also stated that he did not want to bring staff in on a Saturday, but  
11 that he would support this board.

12  
13 Mr. Pierce stated again that he had spoken to Miss Johnson in the Agricultural  
14 Department at Pine Ridge High School and she would allow the kids to help with the garden as a  
15 class project.

16  
17 Mrs. Brown advised that Mr. Al Manassa was ill but would be at the March meeting.

18  
19 The Chair asked if Deltona High School had a garden class and said she would email  
20 someone to find out.

21  
22 **b. Adult Dance update:**

23  
24 Mr. Grebosz announced that he will schedule another dance in May and one in August.  
25 He said the electronic sign to advertise the dance on February 21<sup>st</sup> will be going up on Monday,  
26 February 14<sup>th</sup> by the Wes Crile Park.

27  
28 Mr. Moore told the board that he wants to make sure the word gets out about the dance.  
29 He asked the members to do their part to promote this so he can include it in his budget if the  
30 attendance is good.

31  
32 **8. NEW BUSINESS:**

33  
34 **a. Committee Goals and Objectives:**

35  
36 At the January meeting Mr. Moore had suggested that this committee schedule a  
37 workshop to discuss the committee's goals and objectives for 2009. He told them that they  
38 should form sub committees to move this along. He suggested that one of their goals could be to  
39 have 5 or 6 dances instead of 4.

40  
41 Mr. Pierce suggested that they tailor the projects to the background of the committee  
42 members; for example, Miss Lade has the dancing experience. Mr. Moore said that is the  
43 strength of the committee. He told them to look at the objectives and then evaluate and prioritize  
44 what they need to do.

45

1 The Chair told the other members to review the list, eliminate what has been done and  
2 then add new items. They agreed that some items would be short term goals and some long term  
3 goals.

4  
5 The committee members went through the original list as follows:  
6

## 7 Senior Board Goal Workshop 8 February 2008 9

### 10 Activities

#### 11 Physical Fitness Activities (9) **This item is still outstanding**

- 13 • On a monthly basis
- 14 • City sponsored
- 15 • Better use of existing facilities
- 16 • Senior Biking (spinning)
- 17 • Walking teams – matching walker with a wheelchair bound individual
- 18 • Senior Days with training program (e.g. golf and tennis)
- 19 • **Participate in City sponsored events**
- 20 • **Meet at the walking trail**
- 21 • **Nutrition (very important for seniors). Maybe have a pharmacist or someone from**
- 22 **the health department address this.**
- 23 • **Massages**
- 24 • **Boot Camp**

25  
26 Mr. Moore spoke about the boot camp and said that he had spoken to several people in the  
27 community who would be interested in this event, which would be a 80/20 split with the City.  
28 He said the City would provide the venue and we could look at offering a class at night from  
29 5:00-7:00 p.m. at Dewey Boster. He said a nurse would be on site to take blood pressure, etc.  
30 and the exercise would probably be done like a circuit. He said we are looking at offering a free  
31 session at City Hall to see if this is something they want to get involved with. It would be  
32 tailored for all age groups including kids.  
33

#### 34 Dances (5) Ongoing

- 35 • Provide opportunities and location(s)
- 36 • Identify sponsors and partners to help fund the events
- 37 • Advertise
- 38 • Quarterly – **yes (depending on attendance)**
- 39 • Commission participation

#### 40 41 Create an Annual Senior Event (5) Karoline Knezevich. Is this category still a goal or is 42 the committee unsure?

- 43 • Nursing home patients to attend

- 1 • Provide outreach
- 2 • Organize through the Voluntary Sub Committee
- 3 • Deltona Annual “Formal” Ball **Is this in the right category because it is only for**
- 4 **seniors? Or should it be added under “Dances” above? Dances are open to**
- 5 **everyone, but if this is just for seniors, then it should stay here. The Chair asked**
- 6 **Mrs. Brown to send an email to Karoline.**

#### 7

#### 8 **Senior Reunion (1)**

#### 9

### 10 **Projects**

#### 11

#### 12 **Walking Trail w/Multipurpose Use (6) **Completed****

- 13 • Identify alternative funding sources
- 14 • Locations – Wes Crile Park, Playgrounds and Pavilions
- 15 • Applying for Grant (FRADP) to rebuild surface at Dewey O. Boster
- 16 • Partner with other projects (inter-governmental)

#### 17

#### 18 **Create a City Garden (5) **Ongoing Project****

- 19 • Tie in with the Master Plan
- 20 • Maintenance?
- 21 • Purpose – Beautification
- 22 • Create a Sub-Committee to develop
- 23 • Community Garden in vacant lots
- 24 • Identify park for location (signage)
- 25 • Garden Rebel – provides guidance on plantings
- 26 • Keysville Dog Park –rose garden – **Mr. Moore said they would need a water source**
- 27 **and it could be a future project, but this is a dog park. He said the back of the**
- 28 **Community Center could become a total garden.**

#### 29

#### 30 **Create a Senior Advisory Board Identity (5) **Completed****

- 31 • Badges to wear to events

#### 32

#### 33 **Added: By-Laws:**

- 34 • **Work on developing the By-Laws**
- 35 • **Include adding new committee members as a part of the By-Laws. Decide on the**
- 36 **maximum number of members.**

37

#### 38 **Senior Center (4) **Mary Micelli and Karl Grebosz could help with this.**** Senior programs

39 need volunteers. Ms. Micelli said they will have more success if the volunteers know what they

40 are volunteering for.

- 41 • Location
- 42 • Expansion
- 43 • Multipurpose in use
- 44 • Location

1 **Programs**

2  
3 **Develop a Senior Master Calendar**      **Work on this**

4  
5 **Facility Naming Program – In Progress**      **Take this out. The seniors worked on this and it**  
6 **never came about.**

7  
8 **Develop a Senior Volunteer Program** (6)      **Keep this on the list**

- 9      • Create a sub-committee of the Senior Advisory Sub Committee  
10      • Fitness Instructors needed  
11      • Advertise the need for class instructors  
12      • Senior participation  
13      • Advanced and organized meetings  
14      • Call for volunteers  
15      • Visit shut-ins (weekly/monthly; make telephone reassurance calls)  
16      • Small home repairs  
17      • Community service group  
18      • Community watch group

19  
20 **Develop a Senior Reach-Out Program** (6)      **Keep this on the list**

- 21      • Work with the Volunteer Program  
22      • 211 referral services  
23      • City newsletter (Senior Newsletter)  
24      • Water bills  
25      • DTV  
26      • Senior Day Care

27  
28 **Identify Senior’s Social Needs** (0)

29  
30 **Note:** The number after each heading indicates the number of votes each item received.

31  
32 \*\*\*\*\*End of the Goals Worksheet\*\*\*\*\*

33  
34      Discussion continued that some activities are not geared to people who work. Ms.  
35 Micelli said her seniors have nothing to do on the weekend.

36  
37      Mr. Pierce said they need to have a specific meeting to discuss the goals for the year. He  
38 also suggested that at the end of each year they discuss the goals for the following year. Mr.  
39 Moore suggested that they take the information home, decide on a day to have a meeting among  
40 themselves to discuss this, then bring it back to a regular meeting so they can discuss and vote on  
41 it.

42  
43      The committee agreed to have an informal meeting, without staff, to go over their list.  
44 They agreed upon Thursday, February 19<sup>th</sup> at 5:30 p.m. They requested an easel and writing

1 paper. The Chair asked everyone to email their ideas to Mrs. Brown who would in turn put all  
2 the ideas together and email it to the members for the meeting on Thursday.

3  
4 **b. Development of this board's By Laws:**

5  
6 This item is to be included as a part of the goal planning and will probably need a  
7 workshop setting.

8  
9 **c. Discussion about adding new committee members:**

10  
11 This item is to be included as a part of the goal planning.

12  
13 **d. Date Change for the April Meeting:**

14  
15 The meeting date needed to be changed from April 11 to April 18. Mr. Moore advised  
16 that the fishing derby would be held on that date and that the Deltona Community Center would  
17 be the headquarters for the event which means that there would not be any parking space. He  
18 said the center would be busy and there would be a lot of noise.

19  
20 **9. DIRECTOR COMMENTS:**

21  
22 Mr. Moore spoke about upcoming events and said we are trying to think out-of-the-box.  
23 He also told them that the Parks and Recreation Department is being re-organized and that  
24 maintenance, which was taken away, is being brought back. He told them that Karl Grebosz' job  
25 description may be re-written and he may be relocated. He told the committee that he is looking  
26 forward to seeing what their goals and objectives are.

27  
28 **10. COMMITTEE COMMENTS:**

29  
30 Mr. Pierce said they have accomplished quite a few things, but he also think they are  
31 spinning their wheels. He would like to see the goals for the following year set in the preceding  
32 year. Since this is such a bad economic year they should tailor the projects accordingly.

33  
34 Ms. Gallagher said she agreed with Mr. Pierce and that they need to keep in mind that  
35 they are thinking for seniors. She said they should zero in on events for the seniors in the early  
36 afternoon instead of at night.

37  
38 Ms. Micelli thanked Mr. Moore and Mr. Grebosz for their input today. She also felt that  
39 the brainstorming meeting was a great idea.

40  
41 Ms. Lade agreed with the committee members and added that she would like to see more  
42 emphasis placed on health issues. She said seniors are lacking in healthcare issues. She wants to  
43 see them move away from medication which causes so many other problems to a healthy  
44 lifestyle with diet and exercise.

1 **12. ADJOURNMENT:**  
2

3 There being no further business the meeting adjourned at 11:48 a.m.  
4

5 **Motion by John Pierce, seconded by Bob Griffith to adjourn. The motion was**  
6 **unanimously approved.**  
7

8  
9 Approved this \_\_\_\_\_ day of March, 2009.  
10

11  
12  
13 \_\_\_\_\_  
14 Eileen Gallagher, Chairperson

15 ATTEST:  
16

17  
18 \_\_\_\_\_  
19 Steve Moore  
20 Director, Parks and Recreation  
21 Senior Advisory Sub Committee  
22